



TRAINING SOLUTIONS FOR BUSY LIVES

A quarterly newsletter bringing you informative treats from the dog world, and keeping you up-to-date with our services

[Call of the Wild Adventures] By Caroline Spark

The fifth annual call of the Wild Dog Camp was the best yet, according to many of this year's campers and staff. We had a great group of over 60 dogs and people. The opening sessions helped everyone start off on the right paw, making it easier for dogs to adjust to the large group by noticing their body language and being aware of different play styles and need for space. High points for me were the many moments when I saw natural instincts catching fire as canine campers tried out new things: Terrier-types trying Earthdog for the first time and turning into hunting fiends. Sight hounds and other breeds having their first lure coursing experience - streaking joyfully across the meadow after a plastic bag resembling a big white ferret. Dogs happily pulling a cart for the first time, or leaping for a Frisbee, or chasing each other across a wide expanse of meadow; leaping over forest obstacles; discovering a new love of water; sniffing out olfactory prizes -- and so much more! And for many campers, besides the joy of watching their dogs have so much fun, toy making was a popular new addition to the program. With their dogs sacked out at their feet in the afternoon sun, campers learned how to turn unloved Snugglies into braided fleece tug toys, or make treat bags out of washcloths and duct tape. In pleasant anticipation of cocktails and a BBQ to come, this was a mellow end to a very full day.

Dog camp is the energetic hub around which City Dog Country Dog's year revolves. Every dog and person who attends the camp is a source of inspiration for the following year's activities. Which is why, in 2013, we plan to bring you a whole series of Call of the Wild adventures. Culminating in Dog Camp on August 23-25, these will include: a brand new, one-of-a-kind, Call of the Wild Retreat for Reactive Dogs; seasonal nature adventures that incorporate training into activities like mushroom hunting and wild weather hiking; service and therapy dog vacations, a photo safari, and more.

Please sign up for this newsletter and join our mailing list, if you haven't done so already! It's not a high volume list, but it will keep you posted on seasonal events that connect you and your dog with nature, fun, new learning, and other dog enthusiasts.



Wish you were here!

*Hello
FROM CAMP*



"Rambunctious, rumbustious, delinquent dogs become angelic when sitting" - DR. IAN DUNBAR

[Living with Dogs]

Half Dog, Half Kangaroo

Some dogs are born jumpers. If you have a champion jumping bean on your hands, the first thing to remember when muddy paws land on your favorite pair of slacks is that your canine companion isn't jumping on you out of rudeness or in an attempt to dominate you. Rather, it's a case of misplaced enthusiasm. She is overjoyed to see you and this is how she shows it. That said, a jumping dog is tough on the wardrobe and can be downright dangerous when the dog is big enough to knock you down, so here's a look at why dogs jump and what can be done about it.

Why dogs jump. Jumping up on us is canine for "hello, gorgeous!" It's a greeting and a way to get close to our faces, the source of good stuff like eye contact, kisses, and enthusiastic noises. As it happens, dogs greet dogs with much less jumping—scientists speculate that jumping evolved in dogs specifically as a greeting of humans. Too bad they didn't develop an automatic sit, right?

The remedy. The good news is that dogs can learn polite, human-style greetings. The trick to a harmonious life with a dog who thinks she's a kangaroo is to teach her a new way to greet you. First, let your dog know that jumping doesn't work as an approach to get attention. Don't push her away, yell, or bring your knee up—those responses are more than enough attention to keep your dog jumping. Instead, ignore her. Turn your back and walk away. Only give her your attention when she has all four paws on the floor. If you do this consistently, your dog's greetings will change (and your dry cleaning bill will shrink accordingly).

Does your dog jump on houseguests and strangers? Time to call a trainer or take a class.



[A World of Dogs]

The Joys of Adopting an Older Dog

Let's admit it: We have a youth bias. Puppies and young dogs up to about three years of age are the first to be adopted in shelters up and down the country. Meanwhile dogs older than seven—or as young as five—are overlooked, which means they are often the first to be euthanized when space runs out. For many potential adopters, it's an obvious choice. Who wouldn't want as much of a dog's lifetime as you could get? Nobody looks forward to the inevitable physical decline and eventual loss of a loved companion, and it makes sense to postpone that heartbreak as long as possible. But these considerations, while certainly valid, leave out a great deal of important information.

Older dogs, for example, are often easier to live with than their younger confreres. They are usually house-trained, may have learned polite manners, rarely require daily marathon exercise sessions, and have left most youthful follies behind, which means they won't chew up the living room rug or pull shoulders out of sockets when walked. Senior dogs are low-maintenance dogs. By contrast, puppies and teenage dogs require round-the-clock monitoring and attention—and they're blank slates. What does "no" mean? When is it okay to plant muddy paws on clean slacks? Oh, never? They have no idea and must be patiently taught everything. What's more, maturity in a dog equals predictability. Size, personality, grooming requirements; it's all there in plain view. Not so for puppies, who may grow up into Rosemary's Dog.

For all these reasons, it's odd that the bias for adopting young dogs is so pronounced. Surely many prospective dog guardians, if they thought about it, would love to live with a well-behaved dog that quickly adapts to the household routine and is content with a half-hour stroll every day. Finally, there's the inside story shared by those who have adopted senior dogs: Older dogs are just plain grateful. They got a second chance at happiness and they seem to know it. So for every remaining day of their lives, they adore their new human family with quiet, heart-stealing intensity.



[Dogs in Action]

Seizure-Alert Dogs

As the name suggests, seizure-alert dogs can detect an oncoming seizure in people and warn them so they can take precautions. To people with epilepsy or other convulsive disorders, a seizure-alert dog can mean the difference between a normal life and isolation. What exactly the dogs alert to remains a mystery. It could be subtle changes in behavior or odor or it could be something different altogether. Because we don't know this yet, seizure-alert dogs have to be tested for the ability before they can be trained as service dogs. Reports suggest the ability can develop over time in dogs living with people who suffer from seizures, but there's no guarantee. However, some dogs reliably alert to seizures by whining, pawing, pacing, or barking persistently. They can serve as canine early warning systems, giving the seizing person time to take medication or lie down in a safe place.

Both seizure-alert dogs and seizure-response dogs (service dogs that don't alert before a seizure) are trained to do many other helpful things. They might get help, activate an alarm during an episode, or fetch a telephone. For more information, visit the websites of service dog organizations like Pet Partners or Assistance Dogs International.



[Looking ahead to the holidays...]

Holidays are a great time to jump start or brush up your dog's training while you are away. Our Board & Train programs are filling up fast. Reserve your dog's spot now, to avoid disappointment!

[Healthy Dog] Everyday Foods that can Poison your Dog

Most dog lovers know that chocolate can be dangerous, even fatal, to dogs. Many have heard the same of grapes and raisins. But did you know about yeast dough? Milk? Common people-foods never to share with your dog include:

Alcohol, avocado, candy or anything containing Xylitol, chocolate, cacao, coffee, tea, walnuts, macadamia nuts, grapes and raisins, onions, garlic, chives, milk, milk-based foods, raw or undercooked meat, raw eggs, fish or poultry bones, fat trimmings, yeast dough, salty foods like potato chips.

Common signs of poisoning include vomiting and diarrhea, tremors and seizures, drooling, problems breathing, and losing consciousness—but don't wait for symptoms to arise. If your dog ingests something potentially harmful, take him to the vet immediately, along with a sample of the product.

[Tips & Tools] Car Safety

Would you drive without buckling up? Or let your kids ride in the car without a car seat or belt?

Probably not, and if you're among the 84% of dog owners* who let their dogs ride unrestrained, it's time to reconsider. It's unsafe for the dog and for any humans in the car. Here are some safety tips:

- Keep your dog in the back seat in a crash-tested restraint such as a dog seat belt, harness, or crate.
- If you opt for a crate, tether it to make sure it doesn't become a projectile in an accident.
- Resist your dog's charms, however hard it is. Distracted driving (including petting, treating, or reaching for a dog) causes accidents that kill thousands—and injure hundreds of thousands—every year. *2011-2012 AAA/KURGO STUDY

[News] Karolin Klinck's puppy classes are growing like puppies. Fast! Karolin now offers two puppy socialization and training classes per week, and has secured a new class location in Newport, in addition to the one in Toledo. Karolin also provides personalized training instruction in private training sessions, as well as in-home training and Walk & Train services that teach basic manners and exercise dogs while their owners are at work. Karolin's friendly, supportive teaching style and the fun activities she provides for her canine students make her classes and private training sessions popular with pups and people alike. Call (541)272-9464 or email dogtraining@klinck.net to sign up or for more information.

DOG IN THE SPOTLIGHT *Shih Tzu*

Shih Tzus, thought to have originated in Tibet, came into true prominence as the palace pets of China's imperial families for over a thousand years. The name means 'lion'—one of Buddhism's most potent symbols of strength and regality. And indeed, as fanciers will tell you, this pint-sized, flowy-maned dog is equipped with stacks of courage and personality. The quintessential companion dogs, Shih Tzu have been among the most popular breeds in America for decades. They excel as family pets, best friends, therapy dogs, and in the show ring. Playful and easy to keep fit, Shih Tzus require frequent grooming and aren't cut out for strenuous physical activity. Their appearance and charm have bewitched artists throughout human history, from art to modern films. Of recent fame is Miss Agnes of Best In Show and Chelsea in the prizewinning independent flick *A Dog's Life: A Documentary*.

To share your life with a Shih Tzu, search online for a local rescue group.



[About City Dog Country Dog]

City Dog Country Dog is a training and behavior consulting business, serving dogs and their families in the Portland Metro area and on the central Oregon coast. We strive to provide effective and enjoyable training and life enrichment opportunities for companion dogs, therapy dogs, and service dogs. Our range of services includes: In-home private training and behavior consulting, day training, Walk & Train, Play & Train, city and country Board & Train programs, puppy socialization and training, Call of the Wild Dog Camps and other nature adventures, K9 Nose Work groups, Canine Good Citizen training and testing, and more. We are passionate about quality of life for dogs and people – whether you live in the city or the country, we have exciting possibilities for you! Please check out our website and contact us for more information.

[City Dog News]

Private puppy socials are proving popular with the shy guys. These are one-on-one sessions with puppy specialist Heather Ohmart and her dogs, including mama Thistle, a retired breeder for a service dog organization. (Yes, Thistle STILL adores puppies!) A great option for puppies and young dogs who missed out on early exposure with other dogs, and aren't quite ready for a group or class.

[Pawnote]

If you missed out on dog camp – you can still buy the T-Shirt!! info@citydogcountrydogtraining.com



Caroline Spark owns and operates City Dog Country Dog. With a PhD in psychology and a background in counseling and adult education, Caroline has nearly 30 years of experience in helping people solve problems, meet learning goals, and achieve positive change. Caroline is a Certified Pet Dog Trainer (CPDT-KA) through the Association for Pet Dog Trainers, a Certified Dog Behavior Consultant (CDBC) through the International Association of Animal Behavior Consultants, a Karen Pryor Academy Certified Training Partner, an AKC Canine Good Citizen evaluator, and a licensed presenter for Family Paws Parent Education (Dogs & Storks; Dog & Baby Connection).

Heather Ohmart Heather is a Certified Professional Dog Trainer (CPDT-KA) who specializes in “all things puppy” – raising and training puppies to be family companions, and for therapy and service work. Heather provides board & train services, Puppy Social events, and in-home training and behavior consultations in the Portland metro area. She is also developing an innovative therapy dog program in cooperation with local health service professionals.

Karolin Klinck completes the City Dog Country Dog training team. Karolin offers Puppy Social play groups, training classes for puppies, teens and adult dogs; day training (in-home training while owners are absent) and in-home coaching and problem solving sessions. She is also an assistant instructor at monthly Play & Train Days and a member of the instructor team at the annual Call of the Wild Dog Camp in Yachats, OR.

New to the Team!

Mary Williams

We are delighted to welcome a new Office Manager to City Dog Country Dog. Mary Williams comes to us with impressive credentials, a passion for organizing [she LOVES databases!], and a wonderfully enthusiastic personality. And her service dog, Suzi, is our first official Office Dog! Besides keeping taking care of admin business, Mary will be helping to organize Call of the Wild Dog Camp and other events planned for 2013.



City Dog
Country Dog

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